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Dear Friends,

Here is my definition of success:

"And did you get what

you wanted from this life, even so?

I did.

And what did you want?

To call myself beloved, to feel myself

beloved on the earth."

"Late Fragment" by [Raymond Carver](#) From *A New Path to the Waterfall*, Atlantic Monthly Press, 1989.

Aislinn Hunter wrote of this fragment by Raymond Carver: "*Late Fragment is the final poem in the poet and short story writer Raymond Carver's (1938-1988) last published work, A New Path*

to the Waterfall, *a collection that was written while he was dying of cancer. I value the Carver poem for a number of reasons. Mostly, I admire its simplicity and poignancy. There is no measure of irony or artifice in it. There is also an underlying sense of celebration — this, in the affirmative 'I did' and in the realization that when all is said and done, to call oneself beloved and to feel oneself beloved (a kind of proof) is enough.*"

What is enough for you?

A few links for you:

1. I want to travel more with my children in 2020 - small trips rather than one big one. [Here are 20 ways to travel more this year, even on a small budget.](#)
2. While I can't eat it because it isn't vegan, my family really enjoyed this [buttermilk cornbread](#) over the holidays, and it is easy to make! (P.S. Next time I will veganize it!)
3. The world [has lost an important young, indigenous musician](#). You can [hear her rendition of Rihanna's "Diamonds" in Inuktitut Taimantitut here.](#)
4. [56 Books by Women and Nonbinary Writers of Color to read in 2020.](#)
5. Speaking of being beloved on earth, [this](#) is going into my "fabulous obituaries" file.

What's coming up:

Women's Writing Retreat - Fall 2020 - My April 2020 **Writing Retreat for women** sold out in a few days, and there is a waiting list, so I have added a second retreat for 2020. Come write with me in the mountains of NC in September (Sept 7-12). Info is [here](#). This is my most intimate retreat, with only 7 writers for a lot of 1:1 time in a beautiful space. One ticket remains.

Life is a Verb Camp - October 29 - November 1, 2020, near Asheville NC. [Go here](#) to get information and to register. Email support@pattidigh.com to get information on payment plans. This is a gathering not just for writers, but for business executives, teachers, parents, artists...anyone who longs to get more out of life, to live fully their one "wild and precious life." You'll leave inspired, with a new community to support you in your journey.

Hard Conversations: An Introduction to Racism - The 18th cohort of this online class will begin on March 3, with live calls from 8-9:15 pm Eastern on March 10, 17, 24, and 31. We focus on structural and systemic racism, white privilege and fragility, the myth of colorblindness, and how to be an effective ally. [Go here](#) for more info.

NEW COURSE

Hard Conversations: An Introduction to White Identity and Anti-Racism

The newest class in the Hard Conversations Series begins on April 7. We'll meet for four weeks in an online classroom, supplemented by four live calls from 8-9:15 pm Eastern on April 14, 21, 28, and May 5, This class focuses on the historical development of white racial identity,

hallmarks of white identity and white supremacy culture, what it means to be white in a racist world, and how to create a positive white identity. [Registration is now open.](#)

Love and be beloved on earth,

Patti

Sent to: _t.e.s.t_@example.com

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