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March 26, 2021

Dear Friends,

Racism is alive and well. We all know this. What we might not know is that white supremacy also kills white people. We are less fully human than we could be because of it. It denies us our own ancestry. We don't understand our whiteness and how it shows up every single day--how we perform whiteness daily. We don't understand what we have given up to be white. We don't understand the terror of whiteness in the Black imagination, to paraphrase bell hooks. We live in whiteness, so we don't know its cost--to Black, Indigenous, People of Color (BIPOC)--and to ourselves and our loved ones.

Next week, our "Whiteness, Race, and Social Justice" course starts again. I teach it with Victor Lee Lewis, who appeared in the groundbreaking film, "The Color of Fear." Here is [a clip from that film](#), to give you an idea of Victor's contributions. I watched "The Color of Fear" 25 years ago and his voice in the film, his words, his understanding--it changed my work in the world forever. And so it is a real honor to work with him now. Full circle.

Victor is the most brilliant teacher I've ever worked with. There is an embodied knowing that he brings to our dialogues that is potent and deep. We hold these courses in relationship, opening space for white people and BIPOC folks to engage on a deeper level, ask bigger questions, and become whole. Victor is a joyous activist, and it shows in our classes.

I hope you'll consider joining us. **We start Tuesday, March 30**, and the class meets both in an online classroom (24/7) and in live calls each Tuesday from 12-1:30pm PDT (3-4:30pm EDT). You'll find more information and [a sliding scale of enrollment prices here](#).

LINKS YOU MIGHT ENJOY

I collect obituaries. [This one for Eric A. Sauser is a keeper](#).

[This is not on my heart-healthy nutritional plan](#) (and doesn't look very adaptable), so I can't eat it. But if it were, I would be eating it AT THIS VERY MOMENT.

This workshop, [Drawing with Lynda Barry](#), was delightful from start to finish. I found myself dancing often.

A [litany in which certain things are crossed out](#).

On [the realities of traveling while Black](#).

FREE THINGS!

FREE WRITING PROMPTS FOR 2021 - Do you want to get back to a consistent writing routine in the New Year? I am offering free writing prompts **every Monday-Friday** in 2021. If you'd like to receive them, you can do so in either of the following ways:

By text: Text "writing prompts" to me at 828-248-7513 to sign up for free. Your first prompt will arrive via text the day after you sign up (Monday - Friday).

By email: [Go here](#) to sign up for free. Your first prompt will arrive the day after you sign up (Monday - Friday). We added this method because some of you couldn't participate by text. I hope it is helpful!

Be safe. Get vaccinated. Have a little bit of fun every day. And I'll see you next Friday from my Orange Desk!

Patti

Sent to: [_t.e.s.t_@example.com](#)

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