

- [f Share](#)
- [Tweet](#)
- [in Share](#)
- [g+ Share](#)



Share

- [f](#)
- [Tweet](#)
- [in](#)
- [g+](#)



Dear Friends,



This week, I picked two red tomatoes that I grew from seeds. They had been green for what seemed like a really long time, and overnight, they were yellow, then orange, then red.

I have put my hands in the dirt more during this pandemic than at any other time, and now I see what I've been missing.

Not everything worked out in the garden. My eggplants didn't pollinate, the radishes grew greens, but only minuscule radishes. I haven't seen anything resembling carrots or beets, and the cilantro and arugula bolted. The kale all got eaten by something before I could get to it.

But those two tomatoes, wow. And the sugar snap peas just off the vine, and many Sungold cherry tomatoes hot from the sun, and fresh lime basil and oregano -- all have nourished me. I've learned a lot about consistency, patience, and dirt. And myself.

Would I have done this without the pandemic? No, because I would have been traveling every

week for work. What looked a lot like a financial disaster in March looks a lot like contentment in July.

Links Worth Checking Out

[5 Apps To Enhance Distance Learning](#)

[The Best Items to Stock For Any Emergency](#)

[This dinner was another hit with Feliks](#)

Coming Up

Hard Conversations Book Club

The Hard Conversations Book Club is open to new members at any time during the year. We meet once a month via teleconference call to discuss books that provide us with deeper insight into racism and other -isms. [Go here for information.](#)

Hard Conversations: Whiteness, Race, and Social Justice

"Until you can recognize you are living a racialized life and you're having racialized experiences every moment of every day, you can't actually engage people of other races around the idea of justice." Whitney Dow, "The Whiteness Project." We must understand our whiteness and the power it wields. This five-week course explores whiteness, white supremacy, and race as a social construct, among other topics. To see available courses, go to hardconversations.com.

Hard Conversations: An Introduction to Racism

A five-week online class focused on systemic and structural racism, white privilege and white fragility, the myth of colorblindness, and how to be an effective ally. Go to hardconversations.com for information about the next available course.

Thanks for reading. If you like this newsletter and want to support it, forward it to someone who'd like it. If you're seeing this newsletter for the first time, [you can subscribe here.](#)

Get your hands in the dirt,

Patti

Follow me on [Instagram](#), [Twitter](#), and [Facebook](#)

Sent to: _t.e.s.t_@example.com
Patti Digh, LLC, 638 Spartanburg Highway, Suite 70 #337, Hendersonville, NC 28792, United States
Don't want future emails? [Unsubscribe](#)

Email Marketing by ActiveCampaign