

- [f Share](#)
- [Tweet](#)
- [in Share](#)
- [g+ Share](#)

⊗
 ↗ Share

- [f](#)
- [Tweet](#)
- [in](#)
- [g+](#)



Dear Friends,

WHOLE NEW MONTH! WHOLE NEW MONTH!

It's a whole new month. Another month in what I am calling my artist-in-residence period. That just sounds more generative than "lockdown."

My canvas during this time is soil. With John's help, I have created three raised beds in which I'm growing green things of all sorts. The real star of the garden so far is the sugar snap peas with their innate desire to curl their tendrils around whatever is nearby. You'll need to come by for a six-foot-apart salad party soon.

As of this week, we have also cleared an area that was neglected and covered in fall leaves to create a terraced shade garden along the driveway. After a conversation with my friend, Nancy MacDonald, I decided to design it with N.C. native plants, an exploration I have found so satisfying, with the help of Nancy and [this book](#) (mine is an earlier edition).

Feliks has gotten into the spirit of things, spending whole days outside planting or sitting on the red bench he suggested we put in the shade garden.

To provide some important context, Feliks has never before willingly gone outside. There have been many months where he didn't go into the yard. And now he is out every day all day, finding plants and identifying them, watering the garden, making walkways, planting seeds, sitting on the red bench, and looking for frogs. It's like a little miracle.



That alone makes this a successful artist-in-residence period. Life-changing, one might even say. For me, and for Feliks.

Links you might enjoy

"[What's confusing about the Coronavirus](#)" from "The Atlantic," which has provided some of the best COVID-19 coverage.

[The healing power of gardens](#) - Oliver Sacks on the Psychological and physiological consolations of nature: "...to garden — even merely to be in a garden — is nothing less than a triumph of resistance against the merciless race of modern life, so compulsively focused on productivity at the cost of creativity, of lucidity, of sanity..."

Let's make this [mushroom udon noodle bowl](#) for dinner.

I wouldn't necessarily make [this cake](#), but I love the photos of it.

Coming Up



ONLINE CLASS: Writers in the Pandemic - New cohort starts May 4, 2020. A way to build community among writers and non-writers during this odd time in which we find ourselves. A writing prompt every morning for two weeks, two live Zoom sessions together, a private FB group, and an amazing community of writers. Only \$37. To register, [go here](#).

ONLINE CLASS - If you have already taken "Writers in the Pandemic," you are welcome to join me for "**Writers in the Pandemic - 2**" where we will deepen writing and observational skills. Private FB group, two live Zoom lessons together, and thought-provoking prompts every morning for two weeks. Pre-requisite: Writers in the Pandemic. \$37. **Starts May 4, 2020.** [Go here](#) to register.



NEW! ONLINE FREE WEEKLY GATHERINGS:

During this pandemic, I will host a weekly tea-time on Zoom for whoever would like to show up with a cup of tea, a quote, or poem to share, or just a need for conversation. You can join me on **Thursdays from 4-4:45 pm Eastern** in [this Zoom room](#). We have an innate need for community, and the technology to create community spaces... Bring paper and pen in case we start writing.

ONLINE CLASS: Hard Conversations: Whiteness, Race, and Social Justice - Begins May 12. Focuses on white racial identity, hallmarks of white supremacy culture, what it means to be white in a racist world, and how to create a positive white identity. Taught by social justice educators Patti Digh and Victor Lee Lewis. [Go here](#) for info.

Thanks for reading. If you like this newsletter and want to support it, forward it to someone who'd like it. If you're seeing this newsletter for the first time, [you can subscribe here](#).

Slow down,

Patti

Follow me on [Instagram](#), [Twitter](#), and [Facebook](#)

Sent to: [_t.e.s.t_@example.com](#)

Patti Digh, LLC, 638 Spartanburg Highway, Suite 70 #337, Hendersonville, NC 28792, United States

Don't want future emails? [Unsubscribe](#)

Email Marketing by ActiveCampaign